

JHSvsSHS - 10/14/2025

Results - Dual

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Finals Time	
1 SHS-ND	A	2:04.84	8
1) Erickson, Ella	2) Heckaman, Alexa		
3) Sjurseth, Ava	4) Appletoft, Alexis		
32.52	33.12	30.77	28.43
2 SHS-ND	B	2:12.26	4
1) Tangpong, Nashatawn	2) Tangpong, Sunisha		
3) Altstadt, Eleonor	4) Hoff, Arianna		
30.48	37.11	39.36	25.31
3 JHS-ND	A	2:13.98	2
1) Moser, Sawyer A	2) Domkova, Adelina		
3) Moltzen, Marissa	4) Gilbertson, Sophie L		
34.10	39.80	32.85	27.23
4 JHS-ND	B	2:38.32	
1) Pederson, Skylar A	2) Nelson, Tori J		
3) Schmidt, Madison R	4) Tyson, Aliyah		
40.03	47.53	41.47	29.29

Event 2 Girls 200 Yard Freestyle

2:12.53 SQ

Name	School	Finals Time	
1 Rogne, Isla	SHS-ND	2:02.95	SQ
2 Erickson, Ella	SHS-ND	2:16.93	4
3 Moser, Sawyer A	JHS-ND	2:18.41	3
4 Domkova, Adelina	JHS-ND	2:33.28	2
5 Peterson, Vaira	SHS-ND	2:35.05	1
35.83	40.11	40.07	39.04
6 Pederson, Skylar A	JHS-ND	2:47.97	
38.84	43.66	44.78	40.69
--- Smith, Sayler	SHS-ND	X2:26.89	
--- Swenson, Sophie	SHS-ND	X2:33.76	
35.66	40.15	40.40	37.55

Event 3 Girls 200 Yard IM

2:30.71 SQ

Name	School	Finals Time	
1 Heckaman, Alexa	SHS-ND	2:26.02	SQ
2 Sjurseth, Ava	SHS-ND	2:34.90	4
3 Tyson, Aliyah	JHS-ND	2:53.91	3
4 Peterson, Sloan	SHS-ND	2:56.24	2
5 Haisch, Zoe M	JHS-ND	3:20.14	1

Event 4 Girls 50 Yard Freestyle

27.45 SQ

Name	School	Finals Time	
1 Hoff, Arianna	SHS-ND	25.57	SQ
2 Tangpong, Nashatawn	SHS-ND	27.09	SQ
3 Moltzen, Marissa	JHS-ND	27.61	3
4 Gilbertson, Sophie L	JHS-ND	28.39	2
5 Appletoft, Alexis	SHS-ND	28.92	1
6 Domkova, Adelina	JHS-ND	31.84	
7 Otto, Coralyn	JHS-ND	x35.60	
--- Smith, Sayler	SHS-ND	X29.30	
--- Peterson, Vaira	SHS-ND	X33.04	
--- Montgomery, Hazel	SHS-ND	X40.07	

Event 5 Girls 1 mtr Diving

Name	School	Finals Score	
1 Davis, Jozie	JHS-ND	167.05	6
2 Cramer, Emelia	JHS-ND	161.65	4
3 Kleven, Larkin	JHS-ND	140.60	3
4 Jones, Katherine	SHS-ND	116.90	2
--- Klabo, Kylee	JHS-ND	X133.50	

Event 6 Girls 100 Yard Butterfly

1:08.36 SQ

Name	School	Finals Time	
1 Tangpong, Nashatawn	SHS-ND	1:06.58	SQ
2 Rogne, Isla	SHS-ND	1:08.59	4
3 Moltzen, Marissa	JHS-ND	1:10.65	3
4 Altstadt, Eleonor	SHS-ND	1:32.50	2

Event 7 Girls 100 Yard Freestyle

1:00.92 SQ

Name	School	Finals Time	
1 Erickson, Ella	SHS-ND	1:03.33	6
30.26	33.07		
2 Tangpong, Sunisha	SHS-ND	1:03.62	4
30.46	33.16		
3 Tyson, Aliyah	JHS-ND	1:09.04	3
33.53	35.51		
4 Swenson, Sophie	SHS-ND	1:12.27	2
34.75	37.52		
5 Haisch, Zoe M	JHS-ND	1:13.70	1
34.84	38.86		
6 Nelson, Tori J	JHS-ND	1:15.57	
36.20	39.37		

Event 8 Girls 500 Yard Freestyle

5:59.08 SQ

Name	School	Finals Time	
1 Hoff, Arianna	SHS-ND	5:47.74	SQ
31.52	33.85	34.91	34.96
35.56	35.67	36.45	35.41
34.83	34.58		
2 Gilbertson, Sophie L	JHS-ND	6:25.96	4
33.24	37.15	38.17	38.78
40.53	39.51	41.06	40.56
39.17	37.79		
3 Appletoft, Alexis	SHS-ND	6:30.95	3
34.25	38.58	40.24	40.02
39.73	40.03	39.73	40.30
40.11	37.96		
4 Schmidt, Madison R	JHS-ND	6:40.79	2
34.53	39.15	40.26	40.47
40.83	42.03	41.35	41.45
40.81	39.91		

Event 9 Girls 200 Yard Freestyle Relay

Team	Relay	Finals Time	
1 SHS-ND	A	1:57.54	8
1) Rogne, Isla	2) Tangpong, Sunisha		
3) Swenson, Sophie	4) Sjurseth, Ava		
26.84	29.62	31.36	29.72

JHSvsSHS - 10/14/2025

Results - Dual

(Event 9 Girls 200 Yard Freestyle Relay)					3	SHS-ND	B	4:48.68	2
Team		Relay		Finals Time	1) Rogne, Isla		2) Montgomery, Hazel		
2	SHS-ND	B		2:02.22 4	3) Peterson, Sloan		4) Heckaman, Alexa		
	1) Appletoft, Alexis		2) Tangpong, Nashatawn		28.34	57.42	46.36	1:37.16	
	3) Altstadt, Eleonor		4) Peterson, Sloan		32.94	1:11.19	29.56	1:02.91	
	29.50 26.41		35.43 30.88		Scores - Women				
3	JHS-ND	A		2:10.56 2					
	1) Pederson, Skylar A		2) Nelson, Tori J						
	3) Tyson, Aliyah		4) Haisch, Zoe M						
	33.68 34.45		29.43 33.00						
---	SHS-ND	C		X2:17.34					
	1) Smith, Sayler		2) Montgomery, Hazel						
	3) Jones, Katherine		4) Peterson, Vaira						
	30.50 41.65		32.00 33.19						

Event 10 Girls 100 Yard Backstroke

1:09.25 SQ

Name	School	Finals Time
1 Heckaman, Alexa	SHS-ND	1:08.32 SQ
32.61 35.71		
2 Moser, Sawyer A	JHS-ND	1:11.14 4
34.63 36.51		
3 Sjurseth, Ava	SHS-ND	1:11.32 3
35.47 35.85		
4 Pederson, Skylar A	JHS-ND	1:21.44 2
40.37 41.07		
5 Montgomery, Hazel	SHS-ND	1:44.21 1
50.70 53.51		

Event 11 Girls 100 Yard Breaststroke

1:17.66 SQ

Name	School	Finals Time
1 Tangpong, Sunisha	SHS-ND	1:24.17 6
39.47 44.70		
2 Peterson, Sloan	SHS-ND	1:33.63 4
44.28 49.35		
3 Schmidt, Madison R	JHS-ND	1:37.89 3
46.35 51.54		
4 Nelson, Tori J	JHS-ND	1:45.53 2
51.04 54.49		
5 Altstadt, Eleonor	SHS-ND	2:01.66 1
57.31 1:04.35		

Event 12 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 SHS-ND	A	3:53.64 8
1) Hoff, Arianna	2) Swenson, Sophie	
3) Peterson, Vaira	4) Erickson, Ella	
27.46 56.72	16.83 33.98	
37.91 1:13.94	47.94 1:09.00	
2 JHS-ND	A	4:26.55 4
1) Moser, Sawyer A	2) Gilbertson, Sophie L	
3) Schmidt, Madison R	4) Moltzen, Marissa	
31.46 1:07.06	31.92 1:09.41	
32.31 1:08.85	28.42 1:01.23	