

2026 Capital City Multi Duals - 8/28/2026

Results

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Finals Time
1 CHS	A	1:54.24
1) Joelle Knudson 11	2) Brooklyn Richards 12	
3) Molly Osadchy 11	4) Aubrey Caster 12	
29.89 32.15	26.63 25.57	
2 LHS	A	1:55.36
1) Lilyana K Hochhalter 11	2) Norah Sears 10	
3) Brinley C Steele 11	4) Grace E Upgren 11	
28.91 33.71	26.91 25.83	
3 FD-ND	A	1:58.89
1) Alivia Szymanski 11	2) Isla Burgr 9	
3) Clara Collins 10	4) Helen Wu 11	
32.34 32.84	29.75 23.96	
4 BHS-ND	A	2:08.25
1) Aria Eberle 9	2) Aubrey Vatnsdal 12	
3) Danielle Wescott 11	4) Morgan Kerzman 11	
31.32 40.26	40.04 16.63	
5 CHS	B	2:08.63
1) Natalie Kurtz 8	2) Madisyn Lowe 10	
3) Clara Mattern 9	4) Thea Tucalo 9	
34.44 33.79	31.30 29.10	
6 CHS	C	x2:09.40
1) Piper Storm 7	2) Evelyn Rampton 7	
3) Brielle Knudson 7	4) Savannah Turner 9	
33.39 35.35	32.71 27.95	
7 WHS	A	2:10.57
1) Norah Grunenwald 10	2) Audrey Tofte 9	
3) Kate Winkler 11	4) Norah Pierce 10	
35.53 34.15	33.77 27.12	
8 WHS	B	2:14.07
1) Juno Zimmerman 9	2) Jolee Floyd 9	
3) Harper Armstrong 7	4) Allie Delaney 10	
34.13 36.83	33.33 29.78	
9 LHS	B	2:17.96
1) Addy Steele 9	2) Brynlee Lorenz 10	
3) Alexandra Schroeder 11	4) Belle Fischer 11	
38.57 37.43	30.73 31.23	
10 FD-ND	C	2:22.81
1) Ella Lachance 10	2) Caydence Liddycoat 10	
3) Tayte Thielges 12	4) Sabina Goddard 12	
40.74 39.66	31.50 30.91	
11 CHS	D	x2:26.04
1) Maia Landblom 8	2) Sydney Richards 10	
3) Olivia Ziniel 8	4) Grace Rampton 7	
39.27 40.54	39.11 27.12	
12 LHS	D	x2:26.40
1) Ivy Sandness 7	2) Riley Schatz 8	
3) McKenzie Fischer 8	4) Hadley Mccone 8	
38.40 41.07	36.67 30.26	
13 BHS-ND	B	2:26.90
1) Brooklyn Baumgartner 11	2) Olyvia Geerdes 12	
3) Charli Grosz 9	4) BreAnna Mattern 11	
38.16 40.60	37.42 30.72	
14 LHS	C	x2:27.56
1) Madelyn Brito 8	2) Kallie Lee 8	
3) Morgan Noonan 12	4) Kaia Scherr 8	
37.40 40.48	43.98 25.70	

15 WHS	C	x2:30.21
1) Emily Kerschion 12	2) Charley Clark 11	
3) Sadie Graupe 12	4) Hailey Snider 10	
37.45 45.89	36.58 30.29	
--- FD-ND	B	DQ
1) Jessica Nygord 10	2) Olivia Tschetter 9	
3) Sophia Minniti 7	4) Alyssa Morgenroth 12	
35.59 40.19	27.30 27.96	
--- BHS-ND	C	DQ
1) Lydia Bettenhausen 7	2) Parker Grosz 7	
3) Alivia Ell 8	4) Hadley Swanson 7	
1:08.12 47.51	1:23.88	
--- FD-ND	D	DQ
1) Sophia Getz 10	2) Violet Sailer 8	
3) Leah Erpelding 10	4) Genevieve Ulmer 7	
36.86 51.13	37.29 51.95	

Event 2 Girls 200 Yard Freestyle

2:13.48 SQ

Name	YrSchool	Finals Time
1 Molly Osadchy	11 CHS	2:00.34 SQ
28.37 30.97	30.47	30.53
2 Madeline VerDouw	12 BHS-ND	2:02.61 SQ
28.67 31.82	31.39	30.73
3 Lilyana K Hochhalter	11 LHS	2:04.19 SQ
29.53 31.68	30.74	32.24
4 Rowan Meberg Ewald	10 CHS	2:14.22
30.52 33.56	34.69	35.45
5 Ashlyn Brendel	12 LHS	2:15.59
30.95 34.05	35.17	35.42
6 Lauren Watson	12 FD-ND	2:15.61
30.71 34.34	35.65	34.91
7 Alivia Szymanski	11 FD-ND	2:17.54
31.72 34.25	35.30	36.27
8 Aubrie Smith	8 CHS	2:17.86
31.44 35.22	36.55	34.65
9 Belle Fischer	11 LHS	2:24.58
31.91 36.36	38.07	38.24
10 Megan Bullinger	7 BHS-ND	2:27.49
32.41 36.95	39.92	38.21
11 Alexis Hanson	11 WHS	2:30.02
32.81 38.01	39.70	39.50
12 Alyssa Morgenroth	12 FD-ND	2:31.47
34.82 37.32	39.12	40.21
13 Hailey Snider	10 WHS	2:32.98
34.85 39.80	40.25	38.08
14 Brooklyn Baumgartner	11 BHS-ND	2:47.88
37.05 41.56	43.85	45.42
--- Brielle Maier	8 CHS	X2:24.25
32.98 36.77	37.53	36.97
--- Nora Nairn	11 CHS	X2:26.36
32.77 36.66	38.63	38.30
--- Sadie Graupe	12 WHS	X2:29.33
35.20 38.35	38.81	36.97
--- Riley Schatz	8 LHS	X2:34.38
35.00 40.09	40.68	38.61
--- Sabina Goddard	12 FD-ND	X2:37.27
35.07 38.74	41.32	42.14

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Results

(Event 2 Girls 200 Yard Freestyle)

Name	Yr	School	Finals Time
--- Elaina Huber	7	CHS	X2:37.41
34.83	40.12	41.49	40.97
--- Sophia Getz	10	FD-ND	X2:39.00
35.30	38.74	41.90	43.06
--- Kaia Scherr	8	LHS	X2:47.15
34.85	42.60	45.13	44.57
--- Preslea Olson	9	WHS	X2:48.39
37.36	42.38	44.70	43.95
--- Parker Grosz	7	BHS-ND	X2:55.74
37.78	46.03	47.45	44.48

Event 3 Girls 200 Yard IM

2:29.78 SQ

Name	Yr	School	Finals Time
1 Helen Wu	11	FD-ND	2:15.22 SQ
28.20	33.69	40.05	33.28
2 Joelle Knudson	11	CHS	2:17.86 SQ
29.47	35.79	39.75	32.85
3 Norah Sears	10	LHS	2:24.39 SQ
30.52	38.32	42.54	33.01
4 Brooklyn Richards	12	CHS	2:24.86 SQ
32.98	37.97	39.68	34.23
5 Norah Pierce	10	WHS	2:26.37 SQ
30.92	38.71	42.99	33.75
6 Ellie Lacher	11	LHS	2:32.21
31.43	38.31	46.47	36.00
7 Kennedy Ness	9	BHS-ND	2:32.81
33.06	38.69	46.77	34.29
8 Sophia Minniti	7	FD-ND	2:35.02
30.86	40.15	48.27	35.74
9 Natalie Kurtz	8	CHS	2:37.47
35.89	41.82	45.85	33.91
10 Aubrey Vatnsdal	12	BHS-ND	2:45.94
34.70	44.71	46.73	39.80
11 Brynlee Lorenz	10	LHS	2:49.50
36.21	43.72	48.16	41.41
12 Caydence Liddycoat	10	FD-ND	2:55.86
39.99	48.95	47.76	39.16
--- Evelyn Rampton	7	CHS	X2:46.50
36.73	42.88	48.90	37.99
--- Savannah Turner	9	CHS	X2:51.08
41.84	43.63	48.02	37.59
--- McKenzie Fischer	8	LHS	X2:53.10
38.64	44.90	49.73	39.83
--- Kallie Lee	8	LHS	X2:59.44
37.56	44.44	54.56	42.88
--- Jolee Floyd	9	WHS	DQ
32.46	41.00	52.20	38.84
--- Violet Sailer	8	FD-ND	XDQ
44.71	47.47	59.14	46.48

Event 4 Girls 50 Yard Freestyle

27.53 SQ

Name	Yr	School	Finals Time
1 Ivy Aisenbrey	8	CHS	26.17 SQ
2 Aubrey Caster	12	CHS	26.18 SQ

3 Grace E Upgren	11	LHS	26.26 SQ
4 Morgan Kerzman	11	BHS-ND	26.92 SQ
5 Clara Collins	10	FD-ND	27.15 SQ
6 Allyson Huber	10	LHS	27.16 SQ
7 Alexandra Schroeder	11	LHS	27.38 SQ
8 Paige Eichmann	9	FD-ND	27.43 SQ
9 Audrey Tofte	9	WHS	27.46 SQ
10 Olivia Tschetter	9	FD-ND	28.46
11 Piper Storm	7	CHS	29.10
12 Allie Delaney	10	WHS	29.35
13 Juno Zimmerman	9	WHS	30.38
14 BreAnna Mattern	11	BHS-ND	31.53
15 Olyvia Geerdes	12	BHS-ND	32.57
--- Cambria Bachmeier	9	LHS	X27.10 SQ
--- Isla Burgr	9	FD-ND	X28.33
--- Ruby Kolles	10	CHS	X28.50
--- Thea Tucalo	9	CHS	X28.64
--- Avery Hanson	11	FD-ND	X29.18
--- Anna Zhang	9	FD-ND	X29.57
--- Hadley Mccone	8	LHS	X30.81
--- Piper Bennett	10	LHS	X30.88
--- Harper Armstrong	7	WHS	X30.97
--- Addy Steele	9	LHS	X31.00
--- Ella Kuklok	9	CHS	X31.31
--- Maren Graupe	7	WHS	X31.32
--- Ivy Sandness	7	LHS	X31.39
--- Raigen Burch	7	WHS	X31.49
--- Emily Kerschion	12	WHS	X32.04
--- Hadley Strand	7	WHS	X32.49
--- Sydney Richards	10	CHS	X32.67
--- Kyla Clark	9	WHS	X32.82
--- Alivia Ell	8	BHS-ND	X32.91
--- Ella Lachance	10	FD-ND	X33.11
--- Olivia Ziniel	8	CHS	X33.21
--- Madelyn Brito	8	LHS	X33.55
--- Chevelle Giles	8	WHS	X33.71
--- Maia Landblom	8	CHS	X33.80
--- Harper Rydberg	8	WHS	X34.19
--- Charley Clark	11	WHS	X35.00
--- Archana Pasumpadiyar	10	FD-ND	X36.02
--- Destiny Ingebritson-Rogge	11	WHS	X37.54
--- Vivienne Wolf	8	WHS	X37.69
--- Adelaide Brown	10	WHS	X38.98
--- Alaina Hegge	7	WHS	X41.03
--- Layla Schwettman	11	WHS	X41.50
--- Kaia Larson	12	WHS	X42.97
--- Hadley Swanson	7	BHS-ND	X45.85
--- Olivia Keck	7	WHS	X47.60
--- Elyse Clement	7	CHS	X49.06
--- Lydia Bettenhausen	7	BHS-ND	X53.48
--- Fern Rincon	7	FD-ND	X55.79
--- Hadlie Hillis	7	WHS	X56.10
--- Selah Francis	7	WHS	XDQ

Event 5 Girls 1 mtr Diving

Name	Yr	School	Finals Score
1 Zoey Reis	9	LHS	199.10
2 Lenora Arnold	11	WHS	198.80

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Results

(Event 5 Girls 1 mtr Diving)

Name	YrSchool	Finals Score
3 Nora Szymanski	9 FD-ND	185.90
4 Aria Olsonoski	9 FD-ND	183.85
5 Molly Zeltinger	10 CHS	181.00
6 Haley Dockter	11 CHS	179.15
7 Emily Anderson	11 CHS	147.05
8 Abigail Hamilton	12 FD-ND	125.60
9 Lizzie Knecht	8 WHS	41.00
--- Kaylee Nistler	11 CHS	X135.75
--- Keerah Leidholm	7 FD-ND	X123.05

Event 6 Girls 100 Yard Butterfly

1:09.02 SQ

Name	YrSchool	Finals Time
1 Helen Wu	11 FD-ND	1:00.05 SQ
28.54 31.51		
2 Molly Osadchy	11 CHS	1:00.15 SQ
28.25 31.90		
3 Brinley C Steele	11 LHS	1:00.53 SQ
28.70 31.83		
4 Norah Sears	10 LHS	1:03.62 SQ
29.94 33.68		
5 Clara Mattern	9 CHS	1:10.67
32.20 38.47		
6 Kennedy Ness	9 BHS-ND	1:11.05
34.81 36.24		
7 Brielle Knudson	7 CHS	1:17.35
34.43 42.92		
*8 Megan Bullinger	7 BHS-ND	1:18.90
36.75 42.15		
*8 Kate Winkler	11 WHS	1:18.90
36.10 42.80		
10 Hadley Strand	7 WHS	1:23.10
40.20 42.90		
11 Morgan Noonan	12 LHS	1:35.69
42.64 53.05		
12 Charli Grosz	9 BHS-ND	1:35.74
42.12 53.62		

Event 7 Girls 100 Yard Freestyle

1:00.83 SQ

Name	YrSchool	Finals Time
1 Lilyana K Hochhalter	11 LHS	55.38 SQ
27.17 28.21		
2 Madeline VerDouw	12 BHS-ND	56.51 SQ
27.19 29.32		
3 Ivy Aisenbrey	8 CHS	58.20 SQ
27.59 30.61		
4 Madisyn Lowe	10 CHS	58.30 SQ
27.73 30.57		
5 Aubrey Caster	12 CHS	58.51 SQ
27.57 30.94		
6 Alexandra Schroeder	11 LHS	59.43 SQ
28.72 30.71		
7 Lauren Watson	12 FD-ND	1:00.56 SQ
28.91 31.65		

8 Aria Eberle	9 BHS-ND	1:01.05
29.10 31.95		
9 Allyson Huber	10 LHS	1:01.39
29.44 31.95		
10 Jessica Nygord	10 FD-ND	1:02.04
29.53 32.51		
11 Jolee Floyd	9 WHS	1:03.58
29.52 34.06		
12 Alyssa Morgenroth	12 FD-ND	1:04.89
29.86 35.03		
13 Norah Grunenwald	10 WHS	1:08.58
32.22 36.36		
14 Hailey Snider	10 WHS	1:10.45
33.24 37.21		
15 Sadie Graupe	12 WHS	x1:11.55
34.34 37.21		
16 Kyla Clark	9 WHS	x1:13.33
35.88 37.45		
17 Destiny Ingebritson-Rogers	11 WHS	x1:24.03
39.48 44.55		
18 Adelaide Brown	10 WHS	x1:27.30
40.50 46.80		
--- Grace Rampton	7 CHS	X1:05.28
31.45 33.83		
--- Ruby Kolles	10 CHS	X1:05.33
30.35 34.98		
--- Nora Nairn	11 CHS	X1:05.64
31.52 34.12		
--- Piper Bennett	10 LHS	X1:07.78
32.62 35.16		
--- Riley Schatz	8 LHS	X1:09.35
32.76 36.59		
--- Ivy Sandness	7 LHS	X1:12.24
35.66 36.58		
--- Hadley McCone	8 LHS	X1:13.18
33.84 39.34		
--- Madelyn Brito	8 LHS	X1:14.64
34.89 39.75		
--- Brooklyn Baumgartner	11 BHS-ND	X1:15.59
36.23 39.36		
--- Chevelle Giles	8 WHS	X1:17.03
36.84 40.19		
--- Violet Sailer	8 FD-ND	X1:19.69
37.81 41.88		
--- Charley Clark	11 WHS	X1:20.80
38.23 42.57		
--- Parker Grosz	7 BHS-ND	X1:21.72
37.99 43.73		
--- Alaina Hegge	7 WHS	X1:32.53
43.68 48.85		
--- Olivia Keck	7 WHS	X1:48.11
49.75 58.36		
--- Elyse Clement	7 CHS	X1:55.43
51.13 1:04.30		
--- Selah Francis	7 WHS	X2:00.90
1:00.26 1:00.64		
--- Fern Rincon	7 FD-ND	X2:05.93
55.55 1:10.38		

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Results

(Event 7 Girls 100 Yard Freestyle)

Name	Yr	School	Finals Time
--- Leah Erpelding	10	FD-ND	XDQ
35.87 42.04			
--- Genevieve Ulmer	7	FD-ND	XDQ
55.43 1:20.76			
--- Hadlie Hillis	7	WHS	XDQ
1:02.32 1:14.26			

Event 8 Girls 500 Yard Freestyle

6:00.98 SQ

Name	Yr	School	Finals Time
1 Joelle Knudson	11	CHS	5:45.32 SQ
29.22 33.08 34.14 35.14			
35.65 35.83 35.86 36.09			
35.85 34.46			
2 Clara Mattern	9	CHS	5:52.94 SQ
30.91 33.69 35.04 36.47			
35.81 36.58 36.08 36.89			
35.71 35.76			
3 Cambria Bachmeier	9	LHS	5:57.63 SQ
31.24 35.45 36.33 36.53			
36.96 36.85 37.11 36.55			
36.23 34.38			
4 Sophia Minniti	7	FD-ND	6:04.36
32.52 36.34 36.71 37.25			
37.16 37.67 38.01 36.92			
36.97 34.81			
5 Brielle Knudson	7	CHS	6:07.95
32.94 36.09 37.42 37.85			
37.64 38.16 37.89 37.72			
37.00 35.24			
6 Ashlyn Brendel	12	LHS	6:13.64
32.40 36.58 37.59 37.59			
38.25 38.21 38.21 38.46			
38.33 38.02			
7 Avery Hanson	11	FD-ND	6:32.82
34.04 39.15 39.25 39.46			
39.96 40.15 40.62 41.07			
40.97 38.15			
8 Addy Steele	9	LHS	6:36.84
35.06 38.76 40.67 40.71			
40.33 40.55 41.17 40.08			
41.12 38.39			
9 Aubrey Vatsdal	12	BHS-ND	6:38.77
34.36 39.08 40.61 40.60			
40.97 41.03 40.87 41.03			
41.10 39.12			
10 Alexis Hanson	11	WHS	6:51.83
34.32 39.39 40.59 41.63			
42.48 42.48 43.54 43.40			
42.74 41.26			
11 Caydence Liddycoat	10	FD-ND	7:04.52
37.00 41.22 43.77 44.54			
44.78 43.80 43.91 43.57			
41.59 40.34			

12 Harper Rydberg	8	WHS	7:07.70
37.17 43.12 43.32 44.01			
44.16 43.93 43.42 43.61			
43.56 41.40			
--- Aubrie Smith	8	CHS	X6:08.17
32.77 35.71 37.16 37.26			
37.76 38.14 38.13 38.37			
38.08 34.79			
--- Maren Graupe	7	WHS	X7:06.96
37.57 42.77 42.15 43.76			
44.31 43.45 44.55 44.86			
42.20 41.34			
--- Ella Lachance	10	FD-ND	X7:15.87
38.23 42.75 43.59 44.93			
44.56 44.75 44.66 45.32			
45.22 41.86			

Event 9 Girls 200 Yard Freestyle Relay

Team	Relay	Finals Time
1 CHS	A	1:45.21
1) Ivy Aisenbrey 8	2) Aubrey Caster 12	
3) Molly Osadchy 11	4) Joelle Knudson 11	
26.27 26.89 25.99 26.06		
2 FD-ND	A	1:45.33
1) Helen Wu 11	2) Clara Collins 10	
3) Lauren Watson 12	4) Paige Eichmann 9	
24.40 26.80 27.14 26.99		
3 WHS	A	1:50.62
1) Audrey Tofte 9	2) Allie Delaney 10	
3) Jolee Floyd 9	4) Norah Pierce 10	
27.38 28.70 27.59 26.95		
4 LHS	A	1:52.62
1) Allyson Huber 10	2) Cambria Bachmeier 9	
3) Ellie Lacher 11	4) Ashlyn Brendel 12	
27.74 27.59 28.31 28.98		
5 BHS-ND	A	1:54.49
1) BreAnna Mattern 11	2) Morgan Kerzman 11	
3) Kennedy Ness 9	4) Madeline VerDouw 12	
31.81 31.87 25.00 25.81		
6 FD-ND	B	1:55.34
1) Sophia Minniti 7	2) Alyssa Morgenroth 12	
3) Avery Hanson 11	4) Anna Zhang 9	
28.56 28.96 29.32 28.50		
7 CHS	B	1:56.07
1) Ruby Kolles 10	2) Thea Tucalo 9	
3) Piper Storm 7	4) Rowan Meberg Ewald 10	
29.49 29.46 29.05 28.07		
8 CHS	C	x1:59.26
1) Nora Nairn 11	2) Aubrie Smith 8	
3) Evelyn Rampton 7	4) Savannah Turner 9	
30.84 36.81 21.82 29.79		
9 LHS	B	2:01.44
1) Alexandra Schroeder 11	2) Kaia Scherr 8	
3) Kallie Lee 8	4) Belle Fischer 11	
27.84 31.03 30.46 32.11		
10 LHS	C	x2:07.41
1) Hadley McCone 8	2) Riley Schatz 8	
3) Ivy Sandness 7	4) Piper Bennett 10	
32.29 32.08 32.14 30.90		

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Results

(Event 9 Girls 200 Yard Freestyle Relay)

Team	Relay	Finals Time
11 WHS	B	2:07.64
1) Norah Grunenwald 10	2) Hailey Snider 10	
3) Emily Kerschion 12	4) Juno Zimmerman 9	
31.88 32.42	31.54 31.80	
12 CHS	D	x2:29.67
1) Brielle Maier 8	2) Sydney Richards 10	
3) Elaina Huber 7	4) Elyse Clement 7	
30.82 32.70	34.28 51.87	
13 WHS	C	x2:34.14
1) Kate Winkler 11	2) Harper Rydberg 8	
3) Kyla Clark 9	4) Alexis Hanson 11	
33.05	1:04.49	
14 FD-ND	C	x2:35.81
1) Fern Rincon 7	2) Caydence Liddycoat 10	
3) Sabina Goddard 12	4) Tayte Thielges 12	
1:03.36 31.76	31.38 29.31	
--- BHS-ND	B	DQ
1) Hadley Swanson 7	2) Megan Bullinger 7	
3) Brooklyn Baumgartner 11	4) Olyvia Geerdes 12	
46.44 31.49	33.47 33.06	

Event 10 Girls 100 Yard Backstroke

1:09.39 SQ

Name	YrSchool	Finals Time
1 Brinley C Steele	11 LHS	1:01.66 SQ
29.95 31.71		
2 Grace E Upgren	11 LHS	1:06.89 SQ
32.70 34.19		
3 Aria Eberle	9 BHS-ND	1:07.74 SQ
32.54 35.20		
4 Rowan Meberg Ewald	10 CHS	1:10.43
34.56 35.87		
5 Paige Eichmann	9 FD-ND	1:11.22
35.00 36.22		
6 Ellie Lacher	11 LHS	1:12.94
35.61 37.33		
7 Thea Tucalo	9 CHS	1:12.99
34.39 38.60		
8 Clara Collins	10 FD-ND	1:14.27
36.64 37.63		
9 Piper Storm	7 CHS	1:15.64
36.38 39.26		
10 Jessica Nygord	10 FD-ND	1:16.28
37.65 38.63		
11 Harper Armstrong	7 WHS	1:16.93
37.52 39.41		
12 Morgan Kerzman	11 BHS-ND	1:17.01
37.95 39.06		
13 Juno Zimmerman	9 WHS	1:17.53
36.04 41.49		
14 Norah Grunenwald	10 WHS	1:17.90
38.14 39.76		
15 Emily Kerschion	12 WHS	x1:19.80
38.78 41.02		
--- Brielle Maier	8 CHS	X1:14.18
35.86 38.32		

--- Grace Rampton	7 CHS	X1:15.11
36.60 38.51		
--- Ella Kuklok	9 CHS	X1:17.95
37.37 40.58		
--- BreAnna Mattern	11 BHS-ND	X1:23.26
40.02 43.24		
--- Allie Delaney	10 WHS	X1:24.34
40.42 43.92		
--- Kaia Scherr	8 LHS	X1:26.10
41.62 44.48		
--- Preslea Olson	9 WHS	X1:26.97
42.69 44.28		
--- Maia Landblom	8 CHS	X1:27.38
42.90 44.48		
--- Morgan Noonan	12 LHS	X1:28.12
43.04 45.08		
--- Olivia Ziniel	8 CHS	X1:28.47
--- Alivia Ell	8 BHS-ND	X1:33.21
44.09 49.12		
--- Vivienne Wolf	8 WHS	X1:43.38
49.40 53.98		
--- Kaia Larson	12 WHS	X1:56.09
55.19 1:00.90		
--- Lydia Bettenhausen	7 BHS-ND	X2:35.32
1:12.15 1:23.17		

Event 11 Girls 100 Yard Breaststroke

1:18.17 SQ

Name	YrSchool	Finals Time
1 Brooklyn Richards	12 CHS	1:12.02 SQ
33.91 38.11		
2 Madisyn Lowe	10 CHS	1:15.30 SQ
35.86 39.44		
3 Audrey Tofte	9 WHS	1:18.62
36.27 42.35		
4 Natalie Kurtz	8 CHS	1:19.92
38.07 41.85		
5 Brynlee Lorenz	10 LHS	1:24.60
39.20 45.40		
6 Olivia Tschetter	9 FD-ND	1:27.11
40.21 46.90		
7 Belle Fischer	11 LHS	1:29.66
41.60 48.06		
8 Raigen Burch	7 WHS	1:30.52
41.58 48.94		
9 Kallie Lee	8 LHS	1:31.10
43.30 47.80		
10 Olyvia Geerdes	12 BHS-ND	1:33.00
42.22 50.78		
11 Anna Zhang	9 FD-ND	1:33.28
43.95 49.33		
12 Sophia Getz	10 FD-ND	1:35.17
45.04 50.13		
13 Charli Grosz	9 BHS-ND	1:55.12
52.86 1:02.26		
14 Hadley Swanson	7 BHS-ND	2:13.61
1:02.90 1:10.71		

2026 Capital City Multi Duals - 8/28/2026

Results

(Event 11 Girls 100 Yard Breaststroke)

Name	Yr	School	Finals Time
--- Evelyn Rampton	7	CHS	X1:21.54
39.50 42.04			
--- Savannah Turner	9	CHS	X1:25.00
40.33 44.67			
--- McKenzie Fischer	8	LHS	X1:27.91
41.01 46.90			
--- Sydney Richards	10	CHS	X1:29.13
41.99 47.14			
--- Elaina Huber	7	CHS	X1:32.81
43.76 49.05			
--- Archana Pasumpadiyar	10	FD-ND	X1:53.58
54.00 59.58			
--- Layla Schwettman	11	WHS	XDQ
1:14.16 1:59.20			
--- Norah Pierce	10	WHS	DQ
36.58 39.92			

Event 12 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 LHS	A	3:53.58
1) Brinley C Steele 11	2) Grace E Upgren 11	
3) Norah Sears 10	4) Lilyana K Hochhalter 11	
28.20 58.06	28.09 1:00.24	
27.77 58.09	27.25 57.19	
2 CHS	A	4:02.36
1) Brooklyn Richards 12	2) Madisyn Lowe 10	
3) Clara Mattern 9	4) Ivy Aisenbrey 8	
29.27 1:00.92	28.61 1:00.73	
29.44 1:02.50	27.21 58.21	
3 FD-ND	A	4:10.22
1) Paige Eichmann 9	2) Lauren Watson 12	
3) Jessica Nygord 10	4) Alivia Szymanski 11	
30.18 1:02.14	29.70 1:03.44	
30.51 1:03.37	29.50 1:01.27	
4 LHS	B	4:10.30
1) Allyson Huber 10	2) Cambria Bachmeier 9	
3) Ellie Lacher 11	4) Ashlyn Brendel 12	
29.65 1:02.47	29.14 1:01.64	
29.79 1:03.16	30.08 1:03.03	
5 BHS-ND	A	4:15.90
1) Aria Eberle 9	2) Aubrey Vatnsdal 12	
3) Kennedy Ness 9	4) Madeline VerDouw 12	
30.74 1:04.90	32.41 1:08.90	
31.28		
6 FD-ND	B	4:17.98
1) Olivia Tschetter 9	2) Isla Burgr 9	
3) Avery Hanson 11	4) Anna Zhang 9	
29.85 1:02.71	30.19 1:03.30	
30.50 1:04.72	31.13 1:07.25	
7 CHS	B	4:20.67
1) Ruby Kolles 10	2) Brielle Knudson 7	
3) Aubrie Smith 8	4) Rowan Meberg Ewald 10	
31.82		
31.29 1:06.70	29.22 1:01.76	

8 CHS	C	x4:32.09
1) Ella Kuklok 9	2) Nora Nairn 11	
3) Grace Rampton 7	4) Brielle Maier 8	
33.46 1:11.32	32.86 1:08.33	
31.74 1:06.67	31.41 1:05.77	
9 LHS	C	x4:52.30
1) Addy Steele 9	2) Brynlee Lorenz 10	
3) Piper Bennett 10	4) Morgan Noonan 12	
33.66 1:11.31	33.88 1:12.50	
32.23 1:07.98	39.41 1:20.51	
10 WHS	B	4:53.46
1) Sadie Graupe 12	2) Raigen Burch 7	
3) Harper Armstrong 7	4) Hadley Strand 7	
34.62 1:12.50	35.49 1:18.30	
33.54 1:10.40	33.78 1:12.26	
11 BHS-ND	B	5:00.39
1) Charli Grosz 9	2) Megan Bullinger 7	
3) Parker Grosz 7	4) Alivia Ell 8	
35.85 1:15.27	34.26 1:11.36	
37.48 1:20.70	35.45 1:13.06	
12 WHS	A	5:05.12
1) Alexis Hanson 11	2) Harper Rydberg 8	
3) Preslea Olson 9	4) Kyla Clark 9	
34.25 1:11.91	38.42 1:20.66	
37.48 1:18.55	35.29 1:14.00	
13 CHS	D	x5:24.50
1) Maia Landblom 8	2) Elaina Huber 7	
3) Olivia Ziniel 8	4) Haley Dockter 11	
36.38 1:16.10	37.53 1:17.56	
36.55 1:16.64	41.82 1:34.20	
--- FD-ND	C	DQ
1) Ella Lachance 10	2) Leah Erpelding 10	
3) Sophia Getz 10	4) Archana Pasumpadiyar 10	
37.68 1:20.18	36.04 1:21.25	
35.01 1:15.16	38.24 1:22.66	
--- WHS	C	DQ
1) Adelaide Brown 10	2) Chevelle Giles 8	
3) Destiny Ingebritson-Rogers	4) Maren Graupe 7	
41.23 1:28.51	35.39 1:16.49	
39.16 1:25.72	36.21 1:15.23	

Scores - Women

Women - Team Rankings - Through Event 12	
1. Bismarck Century High School	32
2. Legacy High School	14
3. Fargo Davies	9
4. Bismarck High School	6
5. Williston Coyotes Swim and Div	1